

Supervision superstar

Our top ten tips for supervising your child



10 Medicines

Lock medicines out of sight

1 Choking

Observe eating - children can choke on small pieces of food

9 Burns

Secure and **store** hair straighteners out of reach to cool down

2 Drowning

Watch around water - drowning can occur in 3cm of water

8 Suffocation

Examine choking hazards such as blind cords and plastic bags



3 Falls

Supervise stairs - use safety gates to prevent falls

7 Crushes

Supervise and **secure** unsteady furniture to prevent it being pulled over

4 Windows

Beware open windows - use restrictors to limit opening

6 Jams

Oversee moving objects that under 5s can squeeze fingers and limbs between

5 Poisoning

Guard poisonous items - keep them locked away